

# Need Low-Cost Helmets for Your School or Organization?

Running a helmet program is simple. With a little work, you can provide inexpensive helmets and protect your kids.



1. Pick a company

These companies have websites with downloadable school packets, including order forms and parent letters. The websites also provide information about helmet sizing.

[www.cnsprogram.com](http://www.cnsprogram.com)

[www.helmetsrus.net](http://www.helmetsrus.net)

Another company offering inexpensive helmets is Safetech at 1-800-270-2526.

2. Distribute information and participation slips to parents. Either ask parents to measure their child's head or make it part of a classroom activity.
3. Collect order forms and checks.
4. Send tally sheet and payment to helmet company.
5. Wait
6. Distribute helmets. It is extremely important that each helmet be fitted properly. An information sheet is attached.

For additional information, please contact the Santa Cruz County Health Services Agency, Health Education Unit, at 454-4141.

For bicycle safety presentations, contact  
Kithy Chavez, Health Education, at 454-4317

